

THE KARATE DOJO

& K i c k i n g K i d s K a m p

June

NEWSLETTER

2025

2225 Sunset Boulevard • West Columbia, SC • 29169 • (803) 739-9494

www.TheKarateDojo.com



CAROLINA
MARTIAL ARTS OPEN

THANK YOU

SUMMER KARATE KAMP



KARATE, SUNSHINE, AND FUN!!!
MONDAY - FRIDAY FROM 7:30AM - 6:30PM STARTING May 26, 2025

For the 21st year in a row we are excited and honored to offer our
2025 Kicking Kids Summer Karate Kamp, focusing on Structure, Discipline, and Love!

Each student is guaranteed stability and to grow in mind, body, and spirit right before your eyes!!

SPACE IS LIMITED BY TRANSPORTATION LIMITATIONS

(Each student wears a Seat Belt on each Dojo Bus)

\$175 Summer Activity Fee to hold your spot(s), \$187 / week Tuition

We Stand With Our Community



2225 Sunset Boulevard
West Columbia, SC 29169

Phone: 803-739-9494

Email: Info@TheKarateDojo.com

Website: www.TheKarateDojo.com

HOMEWORK
HELP CLUB



THOUGHT FOR JUNE 2025

"Compassion is not sitting around and looking at a hurting world with a sympathetic heart. Compassion is BEING WELL and sharing that vitality with others who have fallen out of well-being, so as a result they may FEEL the difference and possibly they will return to **BEING WELL**." - Duke Tirschell

Think about that & we'll see you in class!!!

YOUTH CLASSES AT THE KARATE DOJO...

Because a structure of respect, courtesy and honesty is built into Karate, youth develop the ability to listen, learn, and achieve within a highly regulated environment.

Most sports don't build leadership traits. If you have the necessary skills to perform, you're in the game, if not you're on the bench. Karate is different; the program is designed to develop leaders. Each week we teach the youth how to develop such traits as confidence, self-discipline, better listening skills, honesty, integrity and much, much more. The classes combine the fun and excitement of Karate training with weekly character development lessons designed to strengthen our student's spirit, soul and body.

SPARRING EQUIPMENT

Such as in soccer, baseball, football or other sports and disciplines, each student will require additional equipment as they progress in their Karate training. Once a youth student has reached the level of Yellow Stripe and an adult student has reached the level of Yellow Belt, they will need a full set of protective Sparring Equipment which consists of a Headgear, Handgear, Footgear and Mouthpiece and for males - a protective cup.

Beginning at these Ranks, the student will now begin working in a safe and practical manner applying the basic kicks and punches which they have been learning in their Karate classes.

- For safety and hygienic reasons, each student will need to have their own Sparring equipment.
- Sparring equipment may only be purchased through The Karate Dojo.

* Please check the monthly calendar to make sure you or your child is prepared for class!

All adult Karate students must wear Headgear & Protective Cup (male) to all Self Defense classes.

EFFECTIVE IMMEDIATELY

All training equipment, uniforms, weapons, etc. used at The Karate Dojo by an individual must be purchased through The Karate Dojo by that individual. Thank you for supporting The Karate Dojo for your Health, Fitness and Karate needs.

DIGITAL PICTURES FOR SALE

For over 25 years we have accumulated over 100,000 digital pictures of every special moment in our Dojo from Rank Tests to Belt Promotions to Grand Openings to Birthday Parties to Tournaments to renovating each of our three Dojos to everything else in between. We often get requests for Sensei to email a copy of the pictures. Due to the extensive time taken to catalog each picture and also for the time to actually email pictures effective immediately there will be a \$15 charge for each and every picture taken at the Dojo that you would like a digital copy of. It is SO great to be able to look back on the special moments you or your child have had at The Karate Dojo and to see how far we have come and how much we have grown! Please let us know if there are any pictures you would like. All pictures taken at The Karate Dojo are property of The Karate Dojo.



TAKING MARTIAL ARTS CLASSES?

What you think you are paying for:

- Being taught to kick and punch.

What you are actually paying for:

- A Life Coach.
- A Psychologist.
- A Mentor.
- An Inspirer.
- A Supporter.
- A Friend.
- A Problem Solver.
- A Stress Reliever.
- Being encouraged to believe in yourself.
- A Personal Trainer & Dietician.
- Strength, Flexibility, and Weight Loss.
- Being taught Personal Victory.
- Someone on call for you 24/7.
- Someone who encourages you and your children to have Respect, Patience, Humility, Discipline, Perseverance, Empathy, Courtesy, Listening Skills, Loyalty, and Self-Control just to name a few.
- Being taught how to work hard and enjoy life.
- Being held accountable for your actions.
- Being encouraged to set goals AND to reach your goals.
- Someone who helps you build emotional strength and mental stability.
- Someone who will hug you when you are down, pick you up when you've fallen, remind you of your worth, and stand by you with loyalty when you feel like no one else will.
- Someone who teaches you to stand up to bullies.
- Knowledge, Wisdom, Martial Arts Training, Opportunity, Training Equipment, and a safe Dojo to train in, and someone who puts their heart and soul into you.
- Someone who has spent their entire life training to assist you.

Still think you are paying too much for your 'Kicking and Punching' class?

Would a doctor, lawyer, plumber, carpenter, dentist, chef, mechanic, dressmaker, shop owner, or psychologist offer all of the above for free in addition to their regular service that they charge for?

HUG YOUR KARATE INSTRUCTOR!

LEGENDS OF CAROLINA MARTIAL ARTS™

Class of 2025 Induction Ceremony Saturday - July 26, 2025

Celebrating 9 years of excellence, Mr. Sam Chapman (SC), Mr. Jerome Johnson (NC), Mr. Marty Knight (SC), Mr. Danny McCall (NC), Mr. Brian Pena (SC), and Mr. Ricky Smith (NC) kindly request your presence at The Karate Dojo in West Columbia, SC on Saturday - July 26, 2025 from 10:00am - 1:00pm as we celebrate, honor, and induct the 'Legends of Carolina Martial Arts' Class of 2025.

6th Annual Legendary Force For Good Recipient

Retired Chief Brian Buck (Irmo Police Department, SC)

7th Annual "Bridge Builder" Recipient

Penny Shannon (VA)

Legends' Inductees (NC)

Torren Davis, Tony Moody, Vikki Morrow, David Washco

Legends' Inductees (SC)

Steven Fishman, Kenny Green, Wayne Green, Kevin Pleasant, Jason Salter

Posthumous Legends' Inductee

Rick Boyer (RIP)

1st Annual Sam Chapman "Master Weaver" Recipient

Virgil Kimmey (RIP)

Rank Promotions & Acknowledgements

Mike Hess (10), Ben Kiker (10), Donald McCluney (10), Tommy Seigler (10), Ray Thompson (10), Ernest White (10), Terry Rich (9), Corky Sikes (9), Rick Sparks (9), Jason Allen (8), Melvin Bell (8), Tony Bell (8), Jeff Denmark (8), Kevin Gurganus (8), Randy Henderson (8), Ray Nash (8), Josh Page (8), Hamilton Perkins (8), Brian Plempel (7), Stephen Thompson (7), Joseph Brackett (6), Jennifer Waters (6), Clint Moore (5), Marsha Tumblin (5), Andrew Wagoner (5), Titus Waters (5), Hector Colon-Mercado (4), Gene Crawford (4), Meg Hazel (4), Jill Hunnicutt (4), Carrissa Merchant (4), Stacy Smith (4), Moni Tomberlin (3), TamRon Bufford (2), Judson Holley (2), Gabby Pena (2), Jack Sikes (2)

Posthumous Rank Promotion

Virgil Kimmey (10)

We invite all former, current, and future Legends' recipients, family, and friends to join us as we reminisce about the past, look to the future, and make memories to last a lifetime.














**Youth Student
of the Month**
Willa Phibbs

**Parent
of the Month**
Ben Tanner

**Adult Student
of the Month**
Emma Harnett

"The Dojo"

June 2025

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
	Youth / Teen Karate Kata Adult Karate Weapons Teen / Adult  6:30 - 7:15pm	Youth / Teen Karate Self Defense Adult Karate Self Defense	Youth / Teen Karate Kicks / Weapons Adult Karate Kata	Youth / Teen Karate Basics Youth (Invite Only)  6:30 - 7:15pm	Youth / Teen Karate Memory Work Team Dojo 5:30 - 6:15pm 	
8	9	10	11	12	13	14
	Youth / Teen Karate Kicks / Weapons Adult Karate Fighting Teen / Adult  6:30 - 7:15pm	Youth / Teen Karate Self Defense Adult Karate Kata	Youth / Teen Karate Kata Adult Karate Kicks	Youth / Teen Karate Fighting Youth (Invite Only)  6:30 - 7:15pm	Youth / Teen Karate Memory Work Team Dojo 5:30 - 6:15pm 	
15	16	17	18	19	20	21
HAPPY FATHER'S DAY	Youth / Teen Karate Kata Adult Karate Basics Teen / Adult  6:30 - 7:15pm	Youth / Teen Karate Self Defense Adult Karate Weapons	Youth / Teen Karate Kicks / Weapons Adult Karate Self Defense	Youth / Teen Karate Basics Youth (Invite Only)  6:30 - 7:15pm	Youth / Teen Karate Memory Work Team Dojo 5:30 - 6:15pm 	
22	23	24	25	26	27	28
	Youth / Teen Karate Kicks / Weapons Adult Karate Weapons Teen / Adult  6:30 - 7:15pm	Youth / Teen Karate Basics Adult Karate Basics	Youth / Teen Karate Kata Adult Karate Kata	Youth / Teen Karate Fighting Youth (Invite Only)  6:30 - 7:15pm	Youth / Teen Karate Memory Work Team Dojo 5:30 - 6:15pm 	
29	30					
	Youth / Teen Karate Kata Adult Karate Basics Teen / Adult  6:30 - 7:15pm					

**ALL KARATE STUDENTS MAY WEAR A CURRENT STYLE 'NEVER GIVE UP'
T-SHIRT IN PLACE OF GI JACKETS DURING WARMER MONTHS OF JUNE, JULY, AUGUST**