

MONDAY

Time	Class / Program	Age	Rank	Floor
12:00 - 8:00pm	Private Lessons / Rank Tests		All Ranks	
3:30 - 4:15pm	Youth: Karate Class	1 st - 4 th Grade	Yellow Belts	Main
4:15 - 5:00pm	Youth: Karate Class	1 st - 4 th Grade	Orange Belts & above	Main #1
4:15 - 5:00pm	Youth: Karate Class	1 st - 4 th Grade	Orange & Blue Stripes	Main #2
5:00 - 5:45pm	Youth: Karate Class	1 st - 4 th Grade	Green & Brown Stripes	Main #1
5:00 - 5:45pm	Teen: Karate Class	5 th - 8 th Grade	All Ranks	Main #2
5:45 - 6:15pm	Little Ninjas: Karate Class	Pre-K & K		Main #1
5:45 - 6:30pm	*Bi-Monthly Rank Test / Graduation	Pre-K & K		Main #1
5:45 - 6:30pm	Youth: Karate Class	1 st - 4 th Grade	White & Yellow Stripes	Main #2
6:30 - 7:15pm	Teen / Adult: Fight Class	5 th Grade & above	All Ranks	Main
7:15 - 8:00pm	Teen / Adult: Karate Class	9 th Grade & above	All Ranks	Main



TUESDAY

Time	Class / Program	Age	Rank	Floor
12:00 - 8:00pm	Private Lessons / Rank Tests		All Ranks	
3:45 - 4:15pm	Little Ninjas: Karate Class	Pre-K & K		Main
4:15 - 5:00pm	Youth: Karate Class	1 st - 4 th Grade	Yellow Belts	Main #1
4:15 - 5:00pm	Youth: Karate Class	1 st - 4 th Grade	White & Yellow Stripes	Main #2
5:00 - 5:45pm	Youth: Karate Class	1 st - 4 th Grade	Green & Brown Stripes	Main #1
5:00 - 5:45pm	Youth: Karate Class	1 st - 4 th Grade	Orange & Blue Stripes	Main #2
5:45 - 6:30pm	Youth: Karate Class	1 st - 4 th Grade	Orange Belts & above	Main #1
5:45 - 6:30pm	Teen: Karate Class	5 th - 8 th Grade	All	Main #2
7:00 - 8:00pm	Teen / Adult: Karate Class	9 th Grade & above	All Ranks	Main



WEDNESDAY

Time	Class / Program	Age	Rank	Floor
12:00 - 8:00pm	Private Lessons / Rank Tests		All Ranks	
3:30 - 4:15pm	Youth: Fight Drills	1 st - 4 th Grade	Yellow Belt & above	Main
4:15 - 5:00pm	Youth: Karate Class	1 st - 4 th Grade	Orange Belts & above	Main #1
4:15 - 5:00pm	Youth: Karate Class	1 st - 4 th Grade	Orange & Blue Stripes	Main #2
5:00 - 5:45pm	Youth: Karate Class	1 st - 4 th Grade	Yellow Belts	Main #1
5:00 - 5:45pm	Teen: Karate Class	5 th - 8 th Grade	All Ranks	Main #2
5:45 - 6:30pm	Youth: Karate Class	1 st - 4 th Grade	Green & Brown Stripes	Main
5:45 - 6:30pm	Youth: Karate Class	1 st - 4 th Grade	White & Yellow Stripes	Main #2
6:30 - 7:15pm	Team Dojo (Weapons)		All Ranks	Main
7:15 - 8:00pm	Teen / Adult: Karate Class	9 th Grade & above	All Ranks	Main



THURSDAY

Time	Class / Program	Age	Rank	Floor
12:00 - 8:00pm	Private Lessons / Rank Tests		All Ranks	
3:45 - 4:15pm	Little Ninjas: Karate Class	Pre-K & K		Main
4:15 - 5:00pm	Youth: Karate Class	1 st - 4 th Grade	Yellow Belts	Main #1
4:15 - 5:00pm	Youth: Karate Class	1 st - 4 th Grade	White & Yellow Stripes	Main #2
5:00 - 5:45pm	Youth: Karate Class	1 st - 4 th Grade	Green & Brown Stripes	Main #1
5:00 - 5:45pm	Youth: Karate Class	1 st - 4 th Grade	Orange & Blue Stripes	Main #2
5:45 - 6:30pm	Youth: Karate Class	1 st - 4 th Grade	Orange Belts & above	Main #1
5:45 - 6:30pm	Teen: Karate Class	5 th - 8 th Grade	All	Main #2
6:30 - 7:15pm	Youth: Fight Class	*Invitation Only*	All Ranks	Main



FRIDAY

Time	Class / Program	Age	Rank	Floor
12:00 - 6:00pm	Private Lessons / Rank Tests		All Ranks	Main
4:00 - 4:30pm	Youth: Karate Class	1 st - 4 th Grade	White - Orange Stripe	Main #1
4:00 - 4:30pm	Youth: Karate Class	1 st - 4 th Grade	Blue - Brown Stripe	Main #2
4:30 - 5:00pm	Youth: Karate Class	1 st - 4 th Grade	Yellow & Orange Belts	Main #1
4:30 - 5:00pm	Youth: Karate Class	1 st - 4 th Grade	Blue & Green Belts	Main #2
5:00 - 5:30pm	Teen: Karate Class	5 th - 8 th Grade	All Ranks	Main
5:30 - 6:15pm	Team Dojo (Forms)	All Ages	All Ranks	Main

Revised & Effective: December, 2024



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Zen Shotokai Karate & Kobudo ©
Established 1952 - Over 70 Years of Legacy

CLASS ATTENDANCE

We have learned over the years that the most successful students in our Dojo are the ones who attend class regularly and/or have a family member supporting them throughout their Karate journey. Karate is about discipline, and the first lesson in discipline is showing up for class.

PRIVATE LESSONS

Whether you or your child are preparing for an upcoming Rank Test, want to step up your training for the next tournament, want to learn new material or just want some one-on-one instruction you simply cannot beat private lessons at The Karate Dojo!

Schedule your personal time with our Office Director today!!

RANK TEST / GRADUATION

Group Rank Tests are held on a bi-monthly Saturday schedule. Graduation will occur immediately following, with families encouraged to attend and celebrate. Please check monthly calendars for exact dates.

Private Rank Tests are also available to accommodate a student's personal schedule.

Each student will be tested and scored to determine if they have learned their material to move onto the next belt. We only promote our students when they are ready to be promoted. Anything else would be detrimental to a student's progress.

Rank is not guaranteed in our Dojo.

